1. Puls og langhold

Scoring	Points	Par-time	180.00 sec
Info	12 pts & 12 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

2. Fatet ruller

Scoring	Points	Par-time	90.00 sec
Info	8 pts & 8 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

3. Hjulskifteren

Scoring	Points	Par-time	180.00 sec
Info	10 pts & 10 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

4. Hurtig testen

Scoring	Points	Par-time	50.00 sec
Info	10 pts & 10 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

5. Skill stage 2

Scoring	Points & tie-breaker time	Par-time	90.00 sec
Info	8 pts & 8 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

6. KYL rekke

Scoring	Points	Par-time	90.00 sec
Info	10 pts & 10 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

7. Ukjent avstand

Scoring	Points	Par-time	120.00 sec
Info	9 pts & 9 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

8. På skråplanet

Scoring	Points	Par-time	120.00 sec
Info	13 pts & 13 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			

9. Fjærn til nær

Scoring	Points	Par-time	90.00 sec
Info	10 pts & 10 rounds	Par-time factor	-
CoF			
Target-info			
Equipment			
Penalties	As per current edition of rules		
Safety	L/R		
Setup			